



ALWAYS ACHIEVING EXCELLENCE!

## This month at Seong's. . .

So, first off, I want to thank everyone for all of the positive feedback we've gotten regarding the first issue of our newsletter.

It's hard to believe, but November is here already. It seems like this year is flying by. I would just like to offer parents a few reminders as we move forward into fall and winter.

Here at the After School Program we provide Day Camps on all regularly scheduled Teacher Workdays as well as days when the schools are closed due to inclement weather. There is no extra charge for these Day Camps; they are included in your child's regular tuition for the After School Program. We also provide extra care on days when the schools have early dismissal and/or late

openings due to inclement weather.

We will additionally be offering a Day Camp this month on Wednesday, November 25<sup>th</sup>. We will be closed on Thursday, November 26<sup>th</sup> and Friday, November 27<sup>th</sup> for the Thanksgiving holiday.

We will be putting out a sign-up sheet for our annual Winter Break camp shortly. Spotsylvania schools will be closed from December 21, 2015 through January 1, 2016. We will be closed on Christmas Day and New Year's Day. Otherwise we will be open for business and have exciting activities as well as holiday arts and crafts planned for the kids. Students enrolled in both Before and After School will not owe any

# Tiger Talk

## : After School Program Newsletter

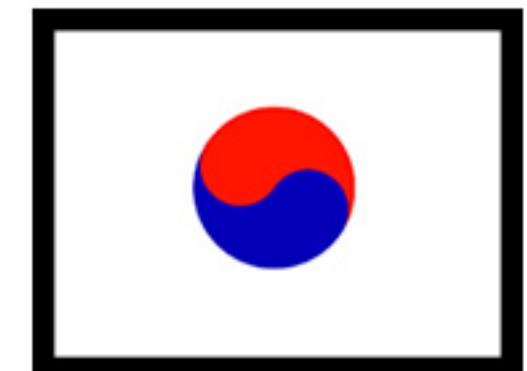


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## November 2015



additional tuition for the Winter Break Camp. Students enrolled in After School only will be charged \$119 a week instead of their normal weekly rate. Students who are not attending the whole week will be charged a drop-in fee of \$30 a day.



# Staff Spotlight

So last month we gave you a brief introduction to the staff of the After School Program. I would like to spend a little time over the next couple of months focusing on each of the staff members here, especially what motivates each of us to want to work with children in the first place.

Since this newsletter is my project and since I don't believe in asking anybody to do anything I haven't done myself, I guess I get to go first.

- Diana

***“They may forget what you said, but they will never forget how you made them feel.”***

So I've done a lot of different things over the years and I've tried out a number of different careers. The time I have spent working with children, however, has been, by far, the most rewarding.

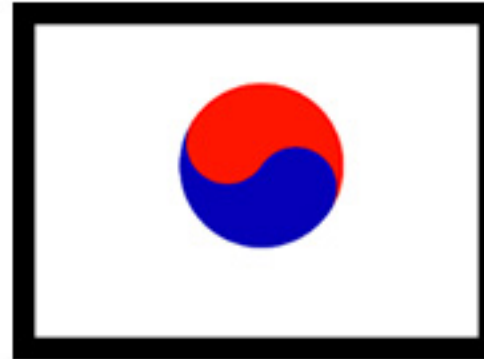
During that time I have been fortunate to have had some really incredible role models in the field of education. First and foremost among these was Patti Stewart, the first grade teacher I worked with for four years in Albemarle County. Patti was a fantastic mentor. She was smart, funny, and unfailingly kind.

The quote above was posted over the door to Patti's classroom and it was a principle that she chose to live by every day. No matter what the circumstances, Patti's first concern was always the physical, mental, and emotional well-being of her students. She taught me a lesson that many forget when working with children, that they are first and foremost, *people*, people with thoughts and feelings just as complex and important as those of any adult.

This struck a chord with me and helped me recognize and

understand my own motivation for wanting to work with kids.

When I was young I felt, as I'm sure so many others have, that I was always on the outside looking in. I was a Navy brat and we moved around a lot, even after my father began working in the civilian world. I was an only child and I was always the new kid. I didn't really have the chance to form any lasting friendships until high school when we finally settled in one place for a time.



I remember constantly feeling like an outsider as a child and feeling that I was very much alone. There were a few teachers over the years who made a difference in my life. They took a real interest in me and made me feel like I was special, that I mattered. I know what a huge boost their caring and interest were to my self-esteem and how badly I needed it at the time.

I want to be able to do that for others, to make the children in my care feel that someone sees them

and appreciates them for who they really are. I want to show them that they matter, that they are important and that, with hard work and dedication, they can achieve the goals they set for themselves in life.

I really feel blessed to work here at Seong's because I have faith in our program. I believe that we really do make a positive change in our students' lives. Our Before and After School Program, combined with the various camps that we hold throughout the year are intended to give our students a holistic experience, instilling and reinforcing in them the core values of martial arts – respect, courage, self-discipline, confidence, and the importance of maintaining a positive attitude when faced with life's adversities.

Our goal here is to work together with our students' families to help shape future community leaders, confident, ethical, individuals who respect themselves and those around them. We have a fantastic group of kids and an equally fantastic group of parents so I feel confident that we can meet this goal together.



# After School Art

## Fall Colored Leaves and Owls

The kids had the opportunity over the past couple of weeks to make owls out of fall colored construction paper. This exercise allowed them to exercise both their creativity and their fine motor skills while getting into the fall spirit!



## No Zombies, Not Today!

The children also had the chance last week to learn about the human nervous system. They were exposed to anatomical terms while also learning that different regions of the brain serve different functions. All of this took place while once again developing their fine motor skills and creativity.





# Monthly Announcements for November



## November Black Belt Promotions

### 1<sup>st</sup> Dan:

Colin Friend  
Aiden Critchfield  
Brendan Nave  
Joseph Godin  
Jessica Pederson

### 2<sup>nd</sup> Dan:

William Stargell  
Mickey McGraw  
Jesse Fields



## November Color Belt Promotions

**Promoted to Advanced White** - Andrew Bourne, Eryn Bean, Maria Davila, Reagan Dunaway, Austin Hendrix, Jayden Herndon, Sara Sullivan, and Danai Tsoukalas

**Promoted to Yellow** - Keira Applegate, Andrejs Benford, Kayleigh Brown, Taylor Frye, Eli LaBrune, and Gavin Monroe

**Promoted to Orange** - Dane Hamn

**Promoted to Green** - Braidon Blanco, Phillip Lam

**Promoted to Purple** - Matthew Asbury

**Promoted to Red** - Joel Lee

**Promoted to Brown** - David Seong, Jacob Porter, and Travis Porter

**Promoted to Senior Brown** - Christian

Davila, Britney Corral, and Juan Corral

**Congratulations!**

**We're proud of all your hard work!**



# ***Special Holiday Sale!***



## **It's time once again for the Seong's Martial Arts Academy annual Holiday Sale!**

**10 % Off - Uniforms & Patches**

**15 % Off - Other Merchandise**

**Nov. 16<sup>th</sup> – Dec. 19<sup>th</sup>, 2015**

**Order early!!!!**

**Supplies are Limited!!**





## Upcoming Special Events:



# Saturday, December 5<sup>th</sup>, 2015 - Save the date!

Come show your support as we march in the 2015 Spotsylvania Holiday Parade Saturday December 5<sup>th</sup> at 1 p.m. Be prepared to meet at the Dojang at 11:30 a.m. the day of the parade wearing your uniform and a Santa hat.

Then join us afterwards for our annual Holiday Party and potluck dinner at 5:30 p.m.!



After School parents, we are having auditions for our Christmas program for all After School students. If your child gets a part in the program we will need a firm commitment that they will be able to be here for the party. Please see Miss Diana for more details.





# After School Program Wish List:

We could always use donations of the following items:

- Gently used board games, card games, and children's books
- Art and school supplies
- Healthy snacks for students who forget to bring their own



The Pants Fairy works in  
mysterious ways!

- Diana

